



BB-0202106

Seat No. _____

Third Year B. Physiotherapy Examination

March – 2021

Allied Therapeutics

Time : Hours]

[Total Marks : 40

- 1 Long essay : (any one) 10**
- (a) What is yoga ? Describe eight stages of yoga.
 - (b) Describe the principles of application, indications and contra indications of dry niddling.
- 2 Short answers : (any three) 15**
- (a) Padmasana – technique, advantages and indications.
 - (b) Suryanamaskar
 - (c) Magneto therapy
 - (d) Basic principles of naturotherapy
- 3 Very short answers : (any five) 15**
- (a) Pranayama
 - (b) Acupuncture points
 - (c) Name the parts of niddle
 - (d) Ying and yang
 - (e) Name the methods of stimulation in acupuncture
 - (f) Name 5 asanas done in standing pose.
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